Introduction:
IAU-ACM’s goal is to provide a safe learning environment for its students, faculty, staff, and administrators. This guide will illustrate how France is responding to the COVID-19 pandemic and describe the COVID-19 procedures and policies you should follow while in France. At the end of this guide is an informed consent form you should sign and return to IAU-ACM.

France has an excellent public health system and put into place a robust response to the COVID-19 pandemic. The virus is still active in France and there is a national 18:00 (6:00 P.M.) curfew. Most businesses are open. Dining establishments (bars/restaurants/cafes) are closed for seated dining, but many do take out business. Cultural establishments (museums/theaters/cinemas) are closed. Schools are open. Universities are open using a hybrid model with limits on extra-curricular activities. Mask use is widespread and is mandatory in any public space inside and outside. France has put into place strong testing and contact tracing procedures to manage clusters of COVID-19 when they emerge. Testing is widely available.

The following guidelines will help you have a safe and productive stay in France. Keep in mind that as knowledge of COVID-19 develops guidelines may change. IAU/ACM is in regular contact with local and national authorities and will update guidance on a regular basis.

COVID-19 Testing, Self-Isolation and Tracking:

Arrival: Anyone flying to France from abroad must provide a negative COVID-19 test result received within 72 hours of boarding a flight. Upon arrival, you must self-isolate for seven days, at the end of which you must take a PCR COVID-19 test. Any student already in France is required to show a negative COVID-19 test result (PCR or Rapid Test) within five days prior to the start of their program (February 1 for Early Start/February 8 for regular term).

During self-isolation we recommend the following:

- Stay at home as much as possible.
- You can go out for short periods of individual exercise.
- You can go out for essential needs, such as purchasing food or medicine, or a medical visit.
- If you show COVID symptoms, contact a doctor immediately. Your host family and IAU/ACM can assist.

During the Program: IAU-ACM will also facilitate testing of all students two weeks after the beginning of classes on February 8. After this period students showing COVID-19-related symptoms will consult a doctor and follow their recommendations. All staff and host families were tested prior to your arrival. If you test positive during the program, IAU-ACM will enact quarantine and contact tracing protocols recommended by local health officials and
You will be required to remain in quarantine until cleared by a health professional. You may be relocated during the quarantine, and if so, you will not incur any costs for the relocation unless the cost of relocation exceeds the total housing/program fee already paid to IAU/ACM. During quarantine, you will be able to continue your studies remotely. To aid in contact tracing efforts, IAU-ACM recommends you download the TousAntiCovid app, which is a contact tracing app used by the French Government. It uses Bluetooth technology and does not collect personal data or use GPS signals to locate you.

**Taking Your Temperature/Health Monitoring:** IAU/ACM recommends that you take your temperature every morning prior to coming to school, and that you keep track of your temperature. In addition, thermometers are available at the welcome desk and the Wellness Center in Manning Hall, at the Library in the Centre d’Etudes Françaises, and at the Marchutz School of Fine Arts.

Regularly self-assess for COVID-19 symptoms.

### Symptoms of COVID-19

- **Cough, shortness of breath or difficulty breathing**
- **Fever or chills**
- **Muscle or body aches**
- **Vomiting or diarrhea**
- **New loss of taste or smell**

**If You Feel Ill:** If while at school you feel feverish or exhibit COVID-19-related symptoms, alert a member of staff immediately. If in a host family, alert your host. In all cases, if you feel ill, you should consult a doctor and follow their advice. IAU staff can help make arrangements to consult a doctor if you need help. If the doctor recommends a COVID-19 test, make sure you get a prescription. If you are charged for the test, the prescription will ensure you are reimbursed by your health insurance.

**Health Guidelines in the Community:** In France, masks are required inside any public place, such as stores, offices, schools, and places of worship, as well as in all outside areas where the public gathers. Masks are required for all public transport. Failure to wear a mask when required may subject you to a fine of 135 Euros from the local authorities, for which IAU-ACM is not responsible.

**Curfew:** There is a national curfew from 6:00 PM to 6:00 AM. If you are out after curfew, you must carry an attestation showing you meet one of the permitted exceptions, such as commuting from school, medical visits, family emergencies, etc... The attestation form in English is attached and available for mobile devices [here](#).

**Health Guidelines at IAU-ACM:** Masks and social distancing are required in all IAU-ACM buildings and classrooms, except when alone in a private office. Classrooms have been set up to maintain proper social distancing. Please do not move desks in classrooms. There are posted occupancy limits and social distancing...
indicators in IAU-ACM classrooms and libraries. You should wash your hands frequently and use the sanitizing gel and wipes available throughout IAU-ACM buildings.

**Health Guidelines in Host Families:** IAU-ACM pre-screened your host family prior to your arrival to ensure they had a recent negative COVID-19 test and follow proper sanitary procedures. You should follow best practice as well, washing your hands regularly and self-monitoring for COVID-19 symptoms. Masks in your host family residence are not required unless someone exhibits COVID-19 symptoms. If someone in your host family contracts COVID-19 or tests positive for COVID-19 at any point during the semester, IAU-ACM will remove you from the homestay and place you in an alternative homestay, residence hall, or apartment at no cost to you. IAU-ACM will work with the host and enact quarantine and contact tracing protocols, as necessary. If you are required to quarantine, you will be able to continue to follow classes remotely.

**Social and Cultural Life:** As previously noted, masks and proper social distancing are required in all establishments receiving the public, and in outside public areas. Cultural establishments such as museums, theaters and cinemas are currently closed as are restaurants, cafes and bars. Beaches and parks are open. Large gatherings, such as for concerts and sporting events, are limited. Even if permitted, at this time IAU-ACM recommends against participation in any large inside gathering.

**Travel:** COVID-19-related travel restrictions exist in Europe, including within the Schengen space of the EU, and can change at a moment’s notice. IAU-ACM recommends you not make any travel plans until after your arrival in France, so that you can be fully informed on any restrictions. Always check with IAU-ACM personnel and relevant authorities before traveling. Always use the IAU-ACM travel tracker so that we can contact you if necessary. IAU-ACM recommends you privilege travel within the region and avoid travel that crosses international borders. Depending on circumstances IAU-ACM may at times prohibit travel outside the region or to specific destinations. Failure to follow IAU-ACM travel guidelines may result in a mandatory quarantine upon your return.

**Communication:** The COVID-19 officer at IAU-ACM is Vice President Philip Breeden. Do not hesitate to contact him (philip.breeden@iau.edu) with any questions or concerns. IAU-ACM will regularly update this guidance. IAU-ACM’s full COVID-19 Plan is available on IAU’s website (www.iau.edu) and ACM’s website (www.acmfrance.org). This guide is posted in the *Spring 2021 Students: Aix-en-Provence Team*. 